

Comprehensive Sports Physicals

Each participant will go through various stations and receive the following:

- A full health screening by a physician, physician assistant, or nurse practitioner
- An examination to evaluate vision
- Comprehensive musculoskeletal screen
- ACL injury screening - We use video analysis software to identify athletes who may be at a higher risk for ACL injuries and offer options on how to focus on their imbalances

To ensure the safety of all involved, the following COVID-19 related social distancing and PPE guidelines will be implemented:

- Appointment slots limited to TWO EVERY 15 MINUTES to minimize crowding and allow proper distancing.
- If an athlete is under 18, they must have ONE parent/guardian in attendance; however, they will be asked to wait in the waiting area, and a staff member will communicate with them outside as needed.
- All staff will wear face masks and gloves at all times, washing hands between patients.
- All equipment will be cleaned between appointments.
- Athletes should bring a face mask to be worn at all times.
- Hand sanitizer available to athletes at check-in/check-out station.
- All exam stations and seats in the waiting area will be spaced at least 6 feet apart.
- All paperwork to be completed in advance to reduce time in the waiting room and crowding.

Cost - \$25

All fees collected will be donated back to your school/ organization.

To schedule your appointment, contact:

High School Athletics Office at 920-663-9608

Date:	Wednesday, Oct. 28
Time:	4:30pm – 7:30pm
Location:	Manitowoc Lincoln High School JFK Fieldhouse

The \$25 fee is only valid on the dates noted and available to WIAA and NCAA student athletes. Standard sports physical charges apply for appointments scheduled outside the dates, times and location listed. Consult your insurance company if you have questions on coverage for sports physicals.



Aurora Sports Health

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